



KANEKA UBIQUINOL™

Endurance and Recovery

Functional ingredient patented by Kaneka and **clinically proven**.
Kaneka Ubiquinol™ is central in athletics training by enhancing
endurance and protection.

✓ **PERFORMANCE
ENHANCEMENT**

✓ **MUSCLE
RECOVERY**

✓ **SPORT DAMAGES
REDUCTION**



Recharge



Restore



Recover



#Powered by Kaneka Ubiquinol™

KANEKA UBIQUINOL™

As a pioneer in the manufacture of coenzyme Q10 and Ubiquinol, and with a Pharmaceutical grade production, Kaneka products mean the highest quality standards of safety, traceability and sustainability.



STABILITY



NATURALNESS



NON-DOPING



BIO-IDENTICAL



CLINICALLY PROVEN



ATHLETES-APPROVED

RELEVANT CLINICAL STUDIES:



Daily supplementation of 300mg Ubiquinol for 6 weeks significantly **enhanced physical performance** in young healthy trained German Olympic athletes.¹



A daily 300mg Ubiquinol supplementation positively correlates with **reduced skeletal muscle damage** in professional football players.²



A daily 200mg supplementation of Ubiquinol will **prevent a decrease in Nitric Oxide (NO) levels and protect DNA & lipids from oxidative damages**.³

1 Alf D. et al., Journal of the International Society of Sports Nutrition, 2013.

2 Navas-Enamorado et al., 8th Conference of ICQA, 2015.

3 Sarmiento et. al, Ubiquinol and strenuous exercise, 2016



Increase in Physical Performance after 6 weeks treatment (W/kg bw)



Every day the body consumes Ubiquinol.
Muscles and heart are the biggest consumers.

Professor Masaaki Sugita, chairman of the scientific committee of the Japan Association of Athletics Federations, recommends boosting ubiquinol levels with a 300 mg daily supplement for seven days before and five days after endurance activities (such as marathon, triathlon, etc.).

FIND THE SOLUTION WITH KANEKA UBIQUINOL RANGE

EVERY DAY

Ubiquinol **All Day Energy** 100mg*
Ubiquinol **Immunity** 30mg*
Ubiquinol **Muscle** 60mg*

WORK OUT

Ubiquinol **Repair Gel** (before/after) 100mg*
Ubiquinol **Flash** (before/during) 150mg*

Before → During → After

For more information:
www.powered-by-ubiquinol.com



*Ubiquinol content

Kaneka Pharma Europe n.v.
Lenneke Marelaan 8
Zaventem 1932
Belgium



ubiquinol@kaneka.be
www.powered-by-ubiquinol.com

